

# LADDER INSTRUCTION GUIDE

## C

### CHOOSE THE RIGHT LADDER FOR THE JOB

Choose the correct type of ladder, material, and duty rating for the job. Stepladders are for out of reach jobs while extension ladders are for higher elevations. Never use an aluminum ladder with electricity. The weight of the user plus any tools and equipment must not exceed the ladder's load capacity.

## L

### LOOK FOR DAMAGED OR MISSING PARTS

Always check for damage before using any ladder. Do not use a damaged ladder. Conduct your inspection before you leave for the job site.

## I

### IMPLEMENT A SAFE STEP UP ROUTINE

A major cause of falls from ladders is improper set-up. Many accidents can be avoided with common sense and good work practices. Using proper set-up techniques will give your ladder maximum stability and help ensure your safety.

## M

### MOVE SAFELY, USING 3 POINTS OF CONTACT

**W**ear clean, slip resistant shoes. **K**eep your hands free while climbing. **A**lways face the ladder as you climb. **C**limb slowly and surely.

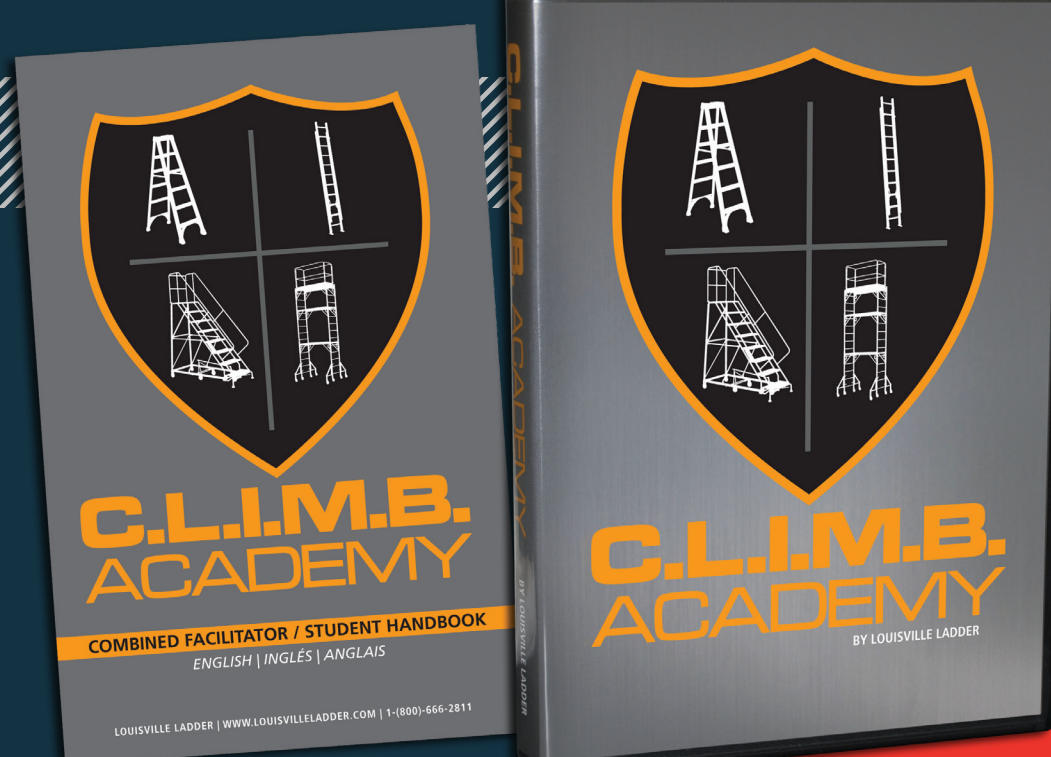
## B

### BE A SAFETY EXPERT - NOT A STATISTIC

If you have any questions or comments, please contact Louisville Ladder at 1-800-666-2811.

## TRAINING

Available through Louisville Ladder.  
Get Certified to C.L.I.M.B.



**LOUISVILLE**  
LADDER  
BECAUSE WORK AIN'T PLAY.